

<p>Service</p>	<p style="text-align: center;"><u>Central Rehabilitation</u> St. Joseph's Healthcare Hamilton, West 5th Campus 100 West 5th Street, Hamilton, Ontario, L9C 0E3 Phone 905-522-1155 ext. 36407 https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/schizophrenia-community-integration-service-scis-/centralized-rehabilitation-resource-clinic</p>
<p>Services Offered</p>	<p>Centralized Rehabilitation is comprised of programs designed to assist people with serious mental illnesses, living both in and out of hospital, to gain or regain valued roles through evidence-based rehabilitation.</p> <p>Programs include:</p> <ul style="list-style-type: none"> • Vocational Counseling • Therapeutic Recreation
<p>Inclusionary/ Exclusionary Criteria</p>	<ul style="list-style-type: none"> • Age 18 and up • Hamilton (City of); Halton Region; Haldimand County; Niagara Region; Brant County; Norfolk County
<p>Treatment Details</p>	<p>Specific programs offered include:</p> <p>Vocational Counselling</p> <ul style="list-style-type: none"> • The client works with a vocational counselor to explore vocational goals, career values, interests and talents to identify employment and education goals. Together the client plans and implements strategies to make the client's goals a reality. The vocational counselor can assist the client to access skills training, supported employment, education programs and volunteer placements. <p>Therapeutic Recreation</p> <ul style="list-style-type: none"> • Therapeutic Recreation helps people obtain and maintain the important resources, skills, and knowledge to participate in and benefit from recreation and leisure. We use functional intervention, leisure education and recreation participation. • A referral to Therapeutic Recreation can also connect people to centralized seasonal programs at the West 5th Campus such as: volleyball, baseball, floor hockey and yoga. • Monthly Therapeutic Recreation Calendars are posted in the outpatient and inpatient elevators at the West 5th Campus. • These programs do not require a referral to the service, but if individual therapeutic recreation is needed, or if a referral to programs like Community Floor Hockey, Yoga and Imagine Art are needed, they can be accessed with a referral form.
<p>Philosophy of treatment</p>	<p>The programs follow Psychosocial Rehabilitation principles to deliver person-centred, strengths-based services determined by your own goals for personal growth and development in living, learning, social activities and work.</p>

Cost/ Payment Options	None
Referral Process	Referral form can be downloaded here: https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/schizophrenia-community-integration-service-scis-/centralized-rehabilitation-resource-clinic/scis-crrc-referral.pdf
Hours of Operation	Monday to Friday 8 am - 4 pm
Staff Compliment	<ul style="list-style-type: none"> • Administrative Support • Occupational Therapists • Nurses
Any other special considerations?	N/A
Wheelchair Accessible?	Yes
Close to Bus Route/ Public Transportation?	On bus routes (21) UPPER KENILWORTH (27) UPPER JAMES (33) SANATORIUM (35) COLLEGE
Languages spoken	English

*(Please note this document was last updated May 2018. Program information may change.
Please contact agency to receive latest information regarding their services)*