

Services for Friends and Family

Available to adults ages 19 and older who are impacted by the substance use of a loved one, family member, or friend.

Friends & Family Drop-In Groups

Partners in Recovery Virtual Drop-In Group

Education & Support for Friends, Family Members, and Loved Ones

A drop-in education and support group for adults ages 19 or older who have been impacted by the substance use of a loved one, family member, or friend. Group sessions are facilitated by a Suntrac Addiction Worker, and feature a combination of educational topics and facilitated open discussions.

Format: Virtual. Group meetings held via Microsoft Teams video call.

Attendance requirements: Flexible. No mandatory level of attendance – participants can attend as many or as few of the weekly meetings as they would like.

Participant requirements: Access to a computer/tablet/smartphone with internet connection, camera and microphone. Access to an email address to receive group meeting invitations. Access to a private space to be in while attending virtual group meetings and individual virtual sessions.

Duration: Indefinite. Participants can continue to attend for as long as they would like.

Schedule: Virtual group meetings are held weekly on Tuesday evenings from 6:00-7:00pm.



For more information or to book an intake appointment, contact Intake Worker Hayley by phone at 905-528-0389 or by email at hbell@mission-services.com