

# BRANT DIRECTORY OF COMMUNITY SERVICES

## Substance Use Support

Alcoholics Anonymous – Brant Erie	Phone: 519-752-5981 <a href="http://www.branterie-aa.org">www.branterie-aa.org</a>
Brant Haldimand Norfolk RAAM Clinic	320 Colborne St E Phone: 519-758-0008 <a href="http://Home.raamclinics.com">Home (raamclinics.com)</a>
Brantford General Hospital Acute Day Treatment Program	200 Terrace Hill St., Phone: 519-751-5544 Ext.0 – Switchboard <a href="http://Mental Health Services - BCHS (bchsys.org)">Mental Health Services - BCHS (bchsys.org)</a>
Canadian Mental Health Association Brant-Haldimand-Norfolk OASIS Concurrent Disorders Support Group	Phone: 519-752-2008, ext. 122 <a href="http://OASIS Concurrent Disorders Support Group   CMHA Brant Haldimand Norfolk">OASIS Concurrent Disorders Support Group   CMHA Brant Haldimand Norfolk</a>
De Dwa Da Dehs Nye Aboriginal Health Centre	72 Brant Avenue, Phone: 519-752-4340 <a href="https://aboriginalhealthcentre.com/mental-health-and-addictions/">https://aboriginalhealthcentre.com/mental-health-and-addictions/</a>
CAMHS Addiction Mobile Response Team	Phone: 1-877-909-4357 <a href="https://www.camhs.ca/programs/addiction-mobile-response-team/">https://www.camhs.ca/programs/addiction-mobile-response-team/</a>
CAMHS Haldimand-Norfolk Addiction Program	Phone: 1-877-909-4357 <a href="http://Addiction Program - Community and Mental Health Services - CAMHS">Addiction Program - Community and Mental Health Services - CAMHS</a>
Concurrent Disorders Capacity Building Team St. Joseph's Healthcare Hamilton	Virtual Drop-In Groups such as: <ul style="list-style-type: none"> <li>• Recovery Discussion Group</li> <li>• Moving Forward Skillfully</li> <li>• SMART Recovery</li> <li>• Steps to Recovery</li> <li>• Drop-In Acceptance and Commitment Therapy (ACT)</li> <li>• Drop-In Dialectical Behaviour Therapy</li> </ul> Please visit this website for the Zoom link to each group: <a href="https://www.cdcapacitybuilding.com/online-group-link">https://www.cdcapacitybuilding.com/online-group-link</a>
The Daily Pledge	<a href="https://thedailypledge.org">https://thedailypledge.org</a>
Drug and Alcohol Helpline	Phone: 1-800-565-8603 Provides information about drug and alcohol addiction services in Ontario. Live answer 24/7, confidential and free
In the Rooms	<a href="https://www.intherooms.com/home/">https://www.intherooms.com/home/</a>
myRecovery	<a href="http://www.myrecovery.com">www.myrecovery.com</a>
Rapid Access Addiction Medicine (RAAM)	320 Colborne Street E Phone: 519-758-0008

	<a href="http://raamclinics.com">Home (raamclinics.com)</a>
SMART Recovery	<a href="https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/">https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/</a>
St. Leonard's Brantford Downtown Outreach Team	12 Market St. Phone: (226) 227-9928 <a href="http://stleonards.com">Brantford Downtown Outreach Team   St. Leonard's (st-leonards.com)</a>
St. Leonard's Concurrent Disorders Counselling	1-225 Fairview Dr. Phone: (519)754-0253 x2120 <a href="http://stleonards.com">Concurrent Disorders Counselling   St. Leonard's (st-leonards.com)</a>
Towards Recovery Clinic Opioid Agonist Program	95 Darling Street Phone: 877-937-2282 <a href="https://www.towardsrecovery.com/clinics/">https://www.towardsrecovery.com/clinics/</a>
Withdrawal Management and Treatment Services - Men's Residential Treatment	135 Elgin Street Phone: 519-753-6222 ext. 2801 <a href="https://www.st-leonards.com/locations/withdrawal-management-and-treatment">https://www.st-leonards.com/locations/withdrawal-management-and-treatment</a>
12 Step online meetings Alcoholics Anonymous	<a href="https://aa-intergroup.org">https://aa-intergroup.org</a>
12 Step online meetings Cocaine Anonymous	<a href="https://www.ca-online.org/">https://www.ca-online.org/</a>
12 Step online meetings Narcotics Anonymous	<a href="https://www.na.org/meetingsearch/">https://www.na.org/meetingsearch/</a>

### Mental health Support

Bounce Back (CMHA)	Phone: 1-866-345-0224 <a href="http://BounceBackOntario.com">BounceBack® Ontario   CMHA Brant Haldimand Norfolk</a>
Brant Assertive Community Treatment Team (ACTT)	99 Wayne Gretzky Parkway Phone: 519-752-2927 Toll-Free: 1-866-202-0171 <a href="http://stjoes.ca">Brant Assertive Community Treatment Team (Brant ACTT) (stjoes.ca)</a>
Brantford General Hospital Mental Health Counselling	200 Terrace Hill St., Phone: 519-751-5544 Ext.0 – Switchboard <a href="http://bchsys.org">Mental Health Services - BCHS (bchsys.org)</a>
Canadian Mental Health Association Brant-Haldimand-Norfolk	44 King Street, Suite 203 Phone: 519-752-2998

	<p><a href="#">Programs and Services   CMHA Brant Haldimand Norfolk</a></p> <ul style="list-style-type: none"> <li>• Community Support Services</li> <li>• Counselling Services</li> </ul>
Connex Ontario	<p>Phone: 1-866-531-2600</p> <ul style="list-style-type: none"> <li>• Information about Mental Health, Addictions and Problem Gambling Services in Ontario</li> </ul>
De Dwa Da Dehs Nye Aboriginal Health Access Centre Aboriginal Mental Health and Addiction Service	<p>72 Brant Avenue Phone: 519-752-4340</p> <p><a href="#">Mental Health and Addictions - De dwa da dehs nye&gt;s Aboriginal Health Centre</a></p>
Hope for Wellness Helpline	<p>Phone: 1-855-242-3310</p> <p><a href="https://hopeforwellness.ca/home.html">https://hopeforwellness.ca/home.html</a></p>
St. Leonard's Brantford Downtown Outreach Team	<p>12 Market St. Phone: (226) 227-9928</p> <p><a href="#">Brantford Downtown Outreach Team   St. Leonard's (st-leonards.com)</a></p>
St. Leonard's Concurrent Disorders Counselling	<p>1-225 Fairview Dr. Phone: (519)754-0253 x2120</p> <p><a href="#">Concurrent Disorders Counselling   St. Leonard's (st-leonards.com)</a></p>

### Crisis Support

Brantford General Hospital Crisis Response - Emergency Mental Health	<p><a href="https://www.bchsys.org/en/care-services/mental-health-and-addiction.aspx#Programs-we-provide">https://www.bchsys.org/en/care-services/mental-health-and-addiction.aspx#Programs-we-provide</a></p> <p>Available at Brantford General Hospital and every Monday, Wednesday and Friday at The Willett, Paris</p>
CAMHS Crisis Assessment and Support Team (CAST)	<p>1-866-487-2278</p>
Canada Suicide Prevention Service	<p>Phone: 1.833.456.4566 - 24/7 Text: 45645 - 4 pm - Midnight ET</p>
CMHA Crisis Stabilization Beds	<p>189 Norfolk St. S Phone: 519-426-2093 OR 1-888-750-7778</p> <p><a href="#">Crisis Stabilization Beds   CMHA Brant Haldimand Norfolk</a></p>
Crisis Outreach and Support Team (COAST)	<p>Phone: 519-754-0253</p> <p>In-person response, Monday-Friday</p> <p><a href="#">Crisis Outreach and Support Team (COAST)   St. Leonard's (st-leonards.com)</a></p>
Kids Help Phone	<p>Phone: 1-800-668-6868</p>

Mental Health Crisis Line (Canada Wide)	Phone: 1-888-893-8333
Salvation Army Suicide Crisis Line	Phone: 905-522-1477
2SLGBTQIA+ youth line	Phone: 1-800-268-9688 Text:647-694-4275 <a href="https://www.youthline.ca/">https://www.youthline.ca/</a>

### Harm Reduction

The HNB Van (Haldimand, Norfolk, Brant County and Brantford)	Phone: 289-440-4912 <a href="https://aidsnetwork.ca/the-hnb-van-launch/">https://aidsnetwork.ca/the-hnb-van-launch/</a>
Needle and Syringe Program	<a href="https://aidsnetwork.ca/needle-and-syringe-program/">https://aidsnetwork.ca/needle-and-syringe-program/</a>
St. Leonard's Exchange Program	<a href="#">Exchange Program   St. Leonard's (st-leonards.com)</a> For supplies see hours below/contact location for hours:  St. Leonard's Community Services 133 Elgin Street Hours of Operation Monday to Friday from 9:00 a.m. to 5:00 p.m. 519-759-8830  Colborne St. Clinic 347 Colborne Street 519-754-2893  Grand River Clinic 423 Colborne Street 519-576-1741  Mobile Harm Reduction Van Haldimand-Brant-Norfolk 289-440-4912

### Housing & Shelters

Nova Vita Women's Shelter	519-752-4357 (24-hour crisis line)
St. Leonard's Station House	519-758-9644 <a href="#">Station House   St. Leonard's (st-leonards.com)</a> <ul style="list-style-type: none"> <li>• Youth aged 15-17 who are homeless or at risk of homelessness</li> </ul>
The Salvation Army Booth Centre	519-753-4193

	<p><a href="#">Salvation Army (The) - Brantford - Booth Centre - hnhbhealthline.ca</a></p> <ul style="list-style-type: none"><li>• Men aged 18 and up</li></ul>
Rosewood House	<p>519-750-1547</p> <p><a href="#">Rosewood House   Providers of Emergency Housing Services Using the Housing First Model</a></p>
St. Leonard's Cornerstone House	<p>519-758-9644</p> <p><a href="#">Cornerstone   St. Leonard's (st-leonards.com)</a></p> <ul style="list-style-type: none"><li>• Individuals aged 18-29 who are homeless or at risk of homelessness</li></ul>