

**Family Education Series for Mental Health and Addiction**  
*"Recognizing families as a vital part of recovery."*

# From Struggle to Strength: A Journey Through Lived Experience

**Tuesday, May 13th, 4:30pm to 6:00pm**

**A Panel Discussion with:**

**Fiona Balloch, Peer Support Provider, Youth Wellness Centre**  
**Angelo Marmolejo, Community Support Counsellor – Peer Specialist,**  
**Haldimand Norfolk ACTT**

**Tara Richardson, Peer Support Provider, Patient & Family**  
**Collaborative Support Services**

**Wolfe, Peer Support Provider, Patient & Family**  
**Collaborative Support Services**

Free Online, Webinar Series for Family Members and Caregivers.

Simply click on the link or use the QR code below to join us.

[MHAP Family Education Series](#)



A moderated Q&A will take place at the end of the formal presentation.  
Please note, this webinar will be recorded.

Click on the link below or go to [stjoes.ca](http://stjoes.ca) to access past recordings of the series,

[Family Education Series for Mental Health and Addiction](#)