

HAMILTON DIRECTORY OF COMMUNITY SERVICES

Substance Use Support

Alcohol, Drug and Gambling Services	21 Hunter Street E, 3 rd floor Phone: 905-546-3606 https://www.hamilton.ca/public-health/clinics-services/alcohol-drug-gambling-services
Alternatives for Youth	38 James Street S, 2 nd floor Phone: 905-527-4469 https://ay.on.ca/
Concurrent Disorders Capacity Building Team St. Joseph's Healthcare Hamilton	Virtual Drop-In Groups such as: <ul style="list-style-type: none"> • Recovery Discussion Group • Moving Forward Skillfully • SMART Recovery • Steps to Recovery • Drop-In Acceptance and Commitment Therapy (ACT) • Drop-In Dialectical Behaviour Therapy <p>Please visit this website for the Zoom link to each group: https://www.cdcapacitybuilding.com/online-group-link</p>
The Daily Pledge	https://thedailypledge.org
De Dwa Da Dehs Nye Aboriginal Health Centre	678 Main Street East Phone: 905-544-4320 https://aboriginalhealthcentre.com/mental-health-and-addictions/
The Drug and Alcohol Helpline	Phone: 1-800-565-8603
Hamilton Regional Indian Centre	34 Ottawa St N Phone: 905-548-9593 Hamilton Regional Indian Centre - Programs (hric.ca)
In the Rooms	https://www.intherooms.com/home/
Men's Addiction Services Hamilton (MASH)	595 Main Street East Phone: 905-527-9264 Men's Addiction Service Hamilton (MASH) (stjoes.ca)

Mission Services - SUNTRAC	Phone: 905-528-0389 SUNTRAC - Mission Services of Hamilton (mission-services.com)
myRecovery	www.myrecovery.com
Ontario Addiction Treatment Centres	397 Main Street East Phone: 519-528-9889 Hamilton Clinic OATC Ontario Addiction Treatment Centres
Rapid Access Addiction Medicine (RAAM) Clinic	225 James Street S Phone: 905-522-1155 ext. 35800 Rapid Access Addiction Medicine (RAAM) Clinic (stjoes.ca)
Segue Clinic	554 Main Street East Phone: 905-688-1827, ext. 2 https://www.segueclinic.com/
SMART Recovery	https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/
trueNorth Addiction Medicine Program	trueNorth Medical
Wayside House	15 Charlton Ave. West Phone: 905-528-8969 WAYSIDE HOUSE - Home (waysidehouseham.com)
Womankind	Phone: 905-545-9100 (withdrawal management) Phone: 905-521-9591 ext. 237 (treatment) Womankind Addiction Service - St. Joseph's Healthcare Hamilton (stjoes.ca)
12 Step online meetings Alcoholics Anonymous	https://aa-intergroup.org
12 Step online meetings Cocaine Anonymous	https://www.ca-online.org/
12 Step online meetings Narcotics Anonymous	https://www.na.org/meetingsearch/

Mental health Support

Al-Anon/Alateen of Hamilton/Burlington	Phone: 905-522-1733 http://www.alanonhamiltonburlington.ca/
Centre de Sante Communautaire Hamilton	1320 Barton Street East Phone: 905-528-0163 Home - CSCHN
CMHA Hamilton	131 John Street South

	<p>Phone: 905-521-0090 CMHA Hamilton - Mental Health for All</p>
Compass Community Health	<p>438 Hughson St. North Phone: 905-523-6611 ext. 2000 Welcome to Compass Community Health (compassch.org)</p>
Connect Mental Health and Addictions Outpatient Programs	<p>Phone: 905-522-1155 ext. 36499 Connect Mental Health and Addiction Outpatient Programs (stjoes.ca)</p>
Connex Ontario	<p>Phone: 1-866-531-2600 Information about Mental Health, Addictions and Problem Gambling Services in Ontario. Provide free, confidential, and personalized responses 24/7/365. System navigation and information. Listen offer support and provide strategies to help people meet their goals, provide basic education about gambling, drugs, alcohol, or mental health problems.</p>
De Dwa Da Dehs Nye Aboriginal Health Access Centre Aboriginal Mental Health and Addiction Service	<p>72 Brant Avenue Phone: 519-752-4340 Mental Health and Addictions - De dwa da dehs nye>s Aboriginal Health Centre</p>
Dual recovery Anonymous	<p>Phone: 905-522-1155 ext. 39559 Patient and Family Collaborative Support Services (stjoes.ca)</p>
Good Shepherd Steps to Health	<p>Phone: 905-528-3655 ext. 2364 Steps to Health - Good Shepherd Centres</p>
Hamilton Mental Health Outreach Program	<p>131 John St. S, 3rd floor 905-522-9767 Hamilton Mental Health Outreach in Hamilton Ontario</p>
Mood Menders Support Group	<p>First Pilgrim United Church 200 Main Street East Enter on east side of church 4th Tuesday of each month Phone: (905) 521-0090 ext. 234</p>
Youth Community Mental Health Program	<p>Youth Community Mental Health Program - Good Shepherd Centres</p>

Crisis Support

Barrett Centre for Crisis Support	Phone: 905-529-7878 Barrett Centre for Crisis Support - Good Shepherd Centres
Canada Suicide Prevention Service	Phone: 1.833.456.4566 - 24/7 Text: 45645 - 4 pm - Midnight ET
Crisis Outreach and Support Team (COAST)	Phone: 905-972-8338
Good Shepherd Mental Health Crisis Line	905-529-7878
Kids Help Phone	Phone: 1-800-668-6868
Mental Health Crisis Line (Canada Wide)	Phone: 1-888-893-8333
Salvation Army Suicide Crisis Line	Phone: 905-522-1477
2SLGBTQIA+ youth line	Phone: 1-800-268-9688 Text: 647-694-4275 https://www.youthline.ca/

Harm Reduction

Keeping Six – Hamilton Harm Reduction Action League	Street outreach with harm reduction supplies and bagged lunches, downtown core, Tuesday and Thursday 3pm-5pm and Saturday 1:30pm-3:30pm see: https://keepingsix.org/covid19 for updates.
The Van Needle Syringe Program	Phone or Text 905-317-9966 The Van Needle Syringe Program City of Hamilton, Ontario, Canada

Housing & Shelters

Good Shepherd Family Centre	143 Wentworth South 905-528-9442
Good Shepherd Mary's Place	Phone: 905-540-8000 Mary's Place - Good Shepherd Centres
Womankind (SJHH)	905-545-9100
Salvation Army Booth Centre	94 York Blvd 905-527-1444
Good Shepherd	135 Mary St N. 905-528-9109
Mission Services	325 James St N. 905-528-7635
Martha House	Crisis line 905-523-6277 Business line 905-523-8895 <ul style="list-style-type: none"> • Women and children who are homeless and or fleeing domestic abuse

June 2022