

Service	<p style="text-align: center;">Barrett Centre Good Shepherd Development Office 10 Delaware Avenue, P.O. Box 1003 Hamilton, ON, L8N 3R1 Phone: (905) 529-4343 Fax: (905) 529-3993</p> <p style="text-align: center;">Crisis Line: 905-529-7878 (Toll Free 1-844-777-3571) https://www.goodshepherdcentres.ca/barrett-centre-for-crisis-support</p>
Services Offered	<p>Barrett Centre provides care and support to people who experience a mental health crisis and do not need to stay in the hospital. They provide services 24 hours a day, 365 days a year. They also provide support for individuals transitioning from a psychiatric hospital stay or custody back into the community.</p>
Inclusionary/ Exclusionary Criteria	<ul style="list-style-type: none"> • Serve clients 16 years of age and older. • Clients must be able to physically care for themselves. • Cannot reserve crisis beds. • Unable to be part of a court ordered treatment.
Treatment Details	<p>Crisis Telephone Support</p> <ul style="list-style-type: none"> • Telephone support is available to assist individuals find solutions when in crisis. It can include immediate and ongoing support to other community supports. <p>Crisis Counselling</p> <ul style="list-style-type: none"> • Individuals seeking face to face counselling are encouraged to call the Crisis Line. An appointment for a one on one session with a crisis support worker will be arranged. <p>Crisis Stay</p> <ul style="list-style-type: none"> • Barrett Centre has private and semi-private rooms for people for short term crisis support stays. Those who stay at the centre have access to crisis workers who accessible 24 hours a day. The centre provides a safe atmosphere where clients can lock the doors of their rooms. <p>Group Treatment</p> <ul style="list-style-type: none"> • DBT Skills • Skills for Success
Philosophy of treatment	<p>Harm reduction to relapse prevention.</p>
Cost/ Payment Options	<p>No cost.</p>
Referral Process	<p>Clients can self-refer.</p> <p>They also accept referrals from:</p> <ul style="list-style-type: none"> • Agencies • Family or friends • Shelters • Hospitals • Other crisis services

Hours of Operation	24 hours a day/ 365 days a year
Staff Compliment	<ul style="list-style-type: none"> • Crisis Support Workers • Peer Support Workers • Clinical Director
Any other special considerations?	<ul style="list-style-type: none"> • Services are voluntary. • Clients need to be able to physically take care of themselves. • Provision of bus tickets for medical/ financial available. • Dual diagnoses clients can access with the expectation that clients can make own meals and launder on clothes. • Clients are assessed on a case by case basis. Please call agency with any questions.
Wheelchair Accessible?	Yes
Bus Routes	Close to King, Delaware, Beeline bus routes.
Languages	English. Language translation available via outside sourcing. Please call for further details.

*(Please note this document was last updated May 2018. Program information may change.
Please contact agency to receive latest information regarding their services)*