

The DDCAT and DDCMHT Indexes

The **Dual Diagnosis Capability in Addiction Treatment (DDCAT)** Index is used to assess addiction treatment agencies on their capacity to deliver services to people with co-occurring disorders. The **Dual Diagnosis Capability in Mental Health Treatment (DDCMHT)** is an adaptation of the DDCAT for application in mental health settings.

The DDCAT and DDCMHT provide a program-level assessment. **Information is gathered during a site visit and drawn from assessor observations, interviews, and review of materials.** These data are then used to complete ratings on 35 benchmarks regarding policy, clinical practice, and workforce domains.

The **DDCAT and DDCMHT establish benchmarks for providing evidence-based treatment services to people with co-occurring disorders.** The DDCAT is currently being used across 30 states as a program assessment tool.

Seven dimensions

The DDCAT and DDCMHT **assess seven areas:**

1. Program Structure
2. Program Milieu
3. Clinical Practice: Assessment
4. Clinical Practice: Treatment
5. Continuity of Care
6. Staffing
7. Training

Scoring

Each of these program areas or dimensions receives a score. Based on the program's overall score, the program or agency is categorized as:

- Addiction Only Services (AOS)
- Mental Health Only Services (MHOS)
- Dual Diagnosis Capable (DDC)
- Dual Diagnosis Enhanced (DDE)